

**Southwest Virginia Community College** 

# **Adventure Ready**

Basic Outdoor Skills Camp for Youth

Location: Davis Hall Room 122

Date/Time: June 23, 24, 25 and 26, 2025

8:00am to 4:00pm

Cost: \$40.00 (Includes Camp T-shirt)

## **Camp Description**

A four-day summer camp for youth (Age 9 to 13), focusing on the skills needed for outdoor recreation activities. The participant will receive instruction in basic outdoor skills, the use of map and compass, GPS units, career opportunities and educational requirements. Participants will learn aspects of safety, excursion preparation, basic skills needed for the activity participation, and career opportunities that exist related to natural resources in Southwest Virginia. The participant will illustrate the principles of Leave No Trace, the importance of protecting the environment, and demonstrate their application while participating in a variety of outdoor recreation activities. In summary, we will inspire responsible outdoor participation and build strong community involvement and support. Participants will gain life experiences, knowledge, and skills to enjoy their own adventures leading to an active lifestyle and becoming ambassadors for the promotion of outdoor recreation. A field trip will be included as part of the camp experience.

### **Basic Outdoor Skills**

- Using a Map, Compass, and GPS
- Land Navigation with Compass and GPS
- Geocaching with GPS
- Principles of Leave No Trace
- Trip Preparation and Planning (10 Essentials and Rule of 3)
- Typing Knots and Knot Applications (Making a Survival Bracelet)
- Fundamentals of Archery
- Pitching a Tent and Constructing Shelter
- Water Purification and Fire Building
- Wilderness Survival and Finding North

Day 1	Day 2	Day 2 Day 3	
On-Campus	On-Campus	On-Campus	Field Trip
8:00 Introduction and Welcome.	8:00 Getting Ready for the Day. 8:00 Getting Ready for		8:00 Getting Ready for
8:15 to 9:30 Session 1	<b>8:15 to 9:30 Session 1</b> the Day.		the Day.
Basic Outdoor Skills:	Basic Outdoor Skills:	8:15 to 12:00 Session 1	8:30 to 3:30 Lake
Preparation, Planning, & Gear; 10	Principles of Leave Not Trace	Archery Fundamentals	Witten:
Essentials, Rule of 3	9:45 to 12:00 Session 2 12:00-12:45 Lunch		Kayaking, hiking, geo-
9:45 to 12:00 Session 2	Basic Outdoor Skills:	(Davis Hall Programs)	caching
Basic Outdoor Skills:	GPS, Land Navigation, and Geo-	1:00 – 3:55 Session 2	Basic Outdoor Skills:
Map & Compass, Parts & Navigation	caching.	Basic Outdoor Skills:	Kayaking and Paddling
12:00-12:45 Lunch (Career Opportu-	<b>12:00-12:45</b> Lunch (Education	Wilderness Survival	Throwing a rope bag
nities)	Pathways)	Pitching a Tent and	4:00 Award Certificate
1:00 – 3:55 Session 3	1:00 - 3:55 Session 3	Tarp Shelter	and Dismiss for the Day.
Basic Outdoor Skills:	Basic Outdoor Skills:	Making a Survival	
Map & Compass Continued.	Water & Water Purification	Bracelet	
Finding North & Fire Building	Knots and Knot Applications	4:00 Dismiss for the	
<b>4:00</b> Dismiss for the Day.	<b>4:00</b> Dismiss for the Day.	Day.	

#### 2025 SWCC Adventure Ready Registration Form

The 2025 SWCC Adventure Ready Program will be on June 23 - 26, 2025 and is for youth age 9 to 13.

Please complete and return this registration form along with your \$40.00 registration fee by May 16, 2025.

Space is limited, register today!

#### **General Information (Print Legibly)**

Name of Participant:			
	Last	First	Middle
Name of Parent/Guardian:	Last	First	Middle
Home Address:		Street Address and/or P.O. Box	
		Street Address and Of 1.0. box	
City		State	Zip
Phone Number:		Emergency Number:	
Contact E-Mail:			
Gender:		Birthdate(mm/dd/yyyy)	:/
Shirt Size: S M L	□ XL □ XXL		
Please list any allergies you have: _			
			-
Participant's Signature		Parent's Signature	Date
	<u>P</u>	Photogenic Release	
I waive any right to inspect or appro	eve the finished pho ether that use is kno	to use any photographs or videos of not on the stographs or videos or printed matter own to me or unknown, and I waive a photograph(s) or videos.	that may be used in conjunction
Printed Name of Subject Photograp	hed		Date
Parent's Signature			Date

#### Please return completed registration form to:

James Dye Southwest Virginia Community College P.O. Box 1101 Richlands, VA 24641

For additional information, please contact us by:

Phone: 276-964-7277 Email: beit@sw.edu

