



The Great Expectations program at SWCC has put together this resource guide. We hope this list of resources from Russell, Tazewell, Buchanan, and Dickenson counties will be helpful to you!

What is Great Expectations?

Great Expectations is a program offered at community colleges across Virginia, created to benefit students who are or have been affiliated with the foster care system. A Great Expectations Counselor works directly with the participants throughout their time at SWCC.

Who is eligible?

Individuals ages 17-24 who are or have been affiliated with the foster care system, kinship care, or adoption *could* qualify.

What services are provided?

Assistance with applying for college admission and financial aid.

A direct contact for students to the services on campus, as well as, a link to resources in the community.

Ongoing support from the Great Expectations Program while focusing on the importance of a college education as the best way to gain employment and achieve independence!

For more information – contact SWCC Great Expectations Coordinator Jennifer Roark, MA, LPC at jennifer.roark@sw.edu or call (276)-964-7653.



Table of Contents

Adult Protective Services	pg. 5
Animal Shelters	pg. 5
Auto parts/ auto repair	pg. 5-6
Banking/ loans	pg. 6-7
Buchanan County Government Offices	pg. 7-8
Buchanan County Public Schools	pg. 8
Child Care	pg. 9
Children's Services	pg.10-11
Communication Services	pg. 11
Court	pg. 12
Cumberland Mountain Community Services	pg. 12
Dentist	pg. 13
Dickenson County Government Offices	pg. 13-14
Dickenson County Public Schools	pg. 14-15
Disability Services	pg. 15
Domestic Violence Services	pg. 16
Electric Disconnects	pg. 16
Employment Assistance	pg. 16-17
Fire Departments	pg. 17-18
Food/ clothing referrals	pg. 18-20
Foster Care Resources	pg. 20-21
Funeral Homes	pg. 21-22
Health Department	pg. 22-23
Heating / Cooling Assistance	pg. 23

Homeless Services / Shelters	pg. 23-24
Hospitals	pg. 24
Housing	pg. 25
Insurance Agencies	pg. 25-26
Libraries	pg. 26
Media	pg. 27
Medical Care.... Free or Reduced Cost	pg. 27-28
Medical Doctors	pg. 28-29
Medical Equipment	pg. 29-30
Mental Health Services	pg. 30
Merchants	pg. 30-32
Motels	pg. 32-33
Optometrists	pg. 33-34
Pediatric Doctors	pg. 34
Pharmacies	pg. 34-36
Police Departments	pg. 36-37
Prescription Assistance	pg. 38
Probation Offices	pg. 38
Restaurants	pg. 38-41
Russell County Government Offices	pg. 42-43
Russell County Public Schools	pg. 43
Social Services	pg. 44
State and National Hotlines	pg. 44-45
Substance Abuse	pg. 46
Southwest Virginia Community College Services	pg. 47
Tazewell County Government Offices	pg. 48-49

Tazewell County Public Schools	pg. 49-50
Town Officials	pg. 50
Transportation	pg. 50
Veterans Services	pg. 50-51
Veterinary	pg. 51-52
Virginia Department of Motor Vehicles	pg. 52
Vision Assistance	pg. 52

Adult Protective Services
(See also: Listings for Social Services)

Adult Abuse Hotline	1-800-832-3858		
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Animal Shelters

Tazewell County Animal Shelter	276-988-5795	3105 Lynn Hollow Road.	Tazewell, VA 24630
Buchanan County Animal Shelter	276-935-4067	1191 Dogpound Rd.	Grundy, VA 24641
Russell County Animal Shelter	276-889-8098	P.O. Box 1208	Lebanon, VA 24266
Dickenson County Animal Shelter	276-835-1320	P.O. Box 1208	Clintwood, VA 24228

Auto Parts/Auto Repair

Advanced Auto (Richlands)	276-964-9143	2000 2 nd Street	Richlands, VA 24641
Auto Zone	276-963-0104	160 Capital Plaza	Cedar Bluff, VA 24609
William Henry's garage	276-596-9531	2201 Front St	Richlands, VA 24641
Calhouns garage	276-935-2921	Riverside Dr.	Grundy, VA 24614
Advanced Auto (Grundy)	276-935-2135	20061 Riverside Dr.	Grundy, VA 24614
Auto Zone (Grundy)	276-935-6069	20756 Riverside Dr.	Grundy, VA 24614
Advanced Auto (Lebanon)	276-889-3230	Elliot Dr.	Lebanon, VA 24266
Combs Auto Service	276- 889-3081	1021 E Main St	Lebanon, VA 24266
Steve's Automotive & Small engine repair	276-889-2020	4838 Jessees Mill Rd	Cleveland, VA 24225
Advanced Auto (Clintwood)	276-926-0021	Main St.	Clintwood, VA 24228
Roger's Muffler Center	276-964-6446	1460 Raven Rd.	Doran, VA 24612

VA Tire	276-964-4061	1142 Claypool Hill Mall Rd	Cedar Bluff, VA 24609
O' Reilly Auto Parts	276-889-4217	1303 Main St	Lebanon, VA 24266
Kidd Tire (Richlands)	276-963-1700	2525 Front St	Richlands, VA 24641
Kidd Tire (Tazewell)	276-988-6583	127 Walnut St	North Tazewell, VA 24630
Wal-Mart (Lebanon)	276-889-1654	1050 Regional Park Rd	Lebanon, VA 24266
Lebanon Tire	276-889-3511	1380 E Main St	Lebanon, VA 24266

Banking/ Loans

First Community Bank (Tazewell)	276-988-5577	643 E Riverside Dr.	Tazewell, VA 24651
New Peoples Bank (Tazewell)	276-988-2300	157 Tazewell Mall Cir.	Tazewell, VA 24651
Grundy National Bank (Grundy)	276-935-5939	Rt. 460 Riverside Dr.	Grundy, VA 24614
Bank of America (Abingdon)	276-676-5067	271 W Main St.	Abingdon, VA 24210
First Bank and Trust Co. (Lebanon)	276- 889-4622	359 W Main St	Lebanon, VA 24266
Wells Fargo Bank (Abingdon)	276- 676-6125	332 Cummings St	Abingdon, VA 24210
New Peoples Bank (Clintwood)	276- 926-5500	198 Colley Shopping Ct.	Clintwood, VA 24228
BB&T (Clintwood)	276-926-8485	Chase St	Clintwood, VA 24228
New Peoples Bank (Grundy)	276-935-8800	20445 Riverside Dr.	Grundy, VA 24614
Miners& Merchants Bank (Grundy)	276-935-8161	20089 Riverside Dr.	Grundy, VA 24614
Trupoint Bank (Grundy)	276-935-3300	1009 Walnut St	Grundy, VA 24614
Trupoint Bank (Richlands)	276-964-7444	1425 2 nd St	Richlands, VA 24641

New Peoples Bank (Honaker)	276) 873-6288	53 Commerce Dr.	Honaker, VA 24260
BB&T (Lebanon)	276-889-4815	894 Main St	Lebanon, VA 24266
BB&T (Richlands)	276-964-4025	1910 2 nd St.	Richlands, VA 24641
Clinch Valley Bank (Richlands)	276-964-4281	501 Railroad Ave	Richlands, VA 24641
Wells Fargo Bank	276-963-1041	201 Suffolk Ave.	Richlands, VA 24641
Trupoint Bank (Pounding Mill)	276-964-7445	13250 Governor G C Peery Hwy.	Pounding Mill, VA 24637
People Inc. (Business Development and Loan Services)	276-623-9000	1173 West Main Street	Abingdon, VA 24210

Buchanan County Government Offices

Animal Control	276-935-4067	1191 Dogpound Rd.	Grundy, VA 24614
Building Inspector	276-935-5872	1240 Almarine Dr.	Grundy, VA 24614
Circuit Court Clerk Hon. Beverly S. Tiller	276-935-6567	P. O. Box 929 Courthouse	Grundy, VA 24614
Commissioner of the Revenue	276-935-6542	1012 T-1003	Grundy, VA 24614
Popular Gap Park	276-935-6503	Virginia 604	Grundy, VA 24641
Commonwealth's Attorney Gerald Arrington	276-935-6519	1012 Walnut Street, Room 426, P.O. Box 804	Grundy, VA 24614
County Administrator	276-935-6500	1012 Main St.	Grundy, VA 24614
Fair office	276-935-6551	P.O. Box 1056	Grundy, VA 24641
General District Court	276-935-6526	P. O. Box 654 1012 Walnut Street.	Grundy, VA 24614-0654
Juvenile & Domestic Relations Court	276-935-6526	P. O. Box 654 1012 Walnut Street, Suite	Grundy, VA 24614

		328	
Economic Development	276-935-4003	PO Box 1072	Grundy, VA 24614
Southwest VA regional Jail Haysi	276-679-7880	1550 Kiwanis Park	Haysi, VA 24256
Treasurer's Office	276-935-6551	P.O. Box 1056	Grundy, VA 24641
Voter Registration	276-935-6534	1012 T-1003 #303	Grundy, VA 24641
Sheriff's Office	276-935-6036	P.O. Box 970	Grundy, VA 24641
Landfill	276-935-4574	P.O. Drawer 950	Grundy, VA 24641
Magistrate	276-935-6586	1026 T-1003	Grundy, VA 24641

Buchanan County Schools

Buchanan County Technology & Career Center	276-935-4541	1124 Almarine Drive Route 5 Box 110	Grundy, VA 24614
Council Elementary/Middle School	276-859-9329	7608 Helen Henderson Highway	Honaker, VA 24260
Council High School	276-859-7627	7802 Helen Henderson Hwy	Honaker, VA 24260
Grundy High School	276-935-2106	1300 Golden Wave Drive	Grundy, VA 24614
Hurley Elementary/ Middle school	276-566-8523	6911 Hurley Road	Hurley, VA 24620
Hurley High School	276-566-8334	6339 Hurley Road	Hurley, VA 24620
J.M. Blevins Elementary S	276-259-3200	8668 Slate Creek Rd.	Grundy, VA 24614
Riverview Elementary/ Middle School	276-935-1613	27382 Riverside Drive	Grundy, VA 24614
Twin Valley Elementary/ Middle School	276-498-4537		Oakwood, VA 24631
Twin Valley High School	276-259-7818	P.O. Box 190	Pilgrims Knob, 24634

Child Care

Generations	276-964-7179	216 College Ridge Rd.	Cedar Bluff, VA 24609
Precious Ones	276-963-9003	514 Virginia Ave	Richlands, VA 24641
Red, White, and Youth	276-596-9327	1314 Front St.	Richlands, VA 24641
Little Champions	276-963-3227	812 Raven Rd.	Raven, VA 24639
Honeytree Daycare	276-889-2669	950 Clydesway Rd	Lebanon, VA 24266
Kiddie Care College	276-628-1288	992 Beverly Dr	Abingdon, VA 24210
Head Start	Contact Linda Hayes, Head Start Director. 276-988-5583, 276-988-4041 lhayes@clinchvalleycaa.org	Must be at least 3 years of age and meet the income guidelines. This program serves 10% of the enrollment with children with disabilities and high income.	Areas Served: Camp Joy Head Start 276-322-5005 Falls Mills, Pocahontas, Bluefield, Springsville. Richlands Head Start Center 276-964-7560 Richlands, Cedar Bluff, and Raven. Tazewell Head Start Center 276-988-9618
Cathy Herron's Day Care Services	276-259-5235	7120 Dismal River Road	Oakwood, VA 24631
Bright Beginnings	276-979-4090	843 East Fincastle	Tazewell, VA 24651
Head Start (People Inc.)	276-623-9000	Must be at least 3 years of age and meet income requirements.	1173 West Main St. Abingdon, VA 24210
Caterpillar Corner	276-963-3638	1110 Schoolhouse Rd.	Cedar Bluff, VA 24609
Harman Memorial Baptist Church Preschool	276-979-6444	P.O. Box 320	Maxie, VA 24628

Children's Services

Tazewell County Health Dept.	276-988-5585	253 Chamber Dr, Tazewell, VA 24651	Can help with car seats
Division of Child Support Enforcement	1-800-922-4903	190 Patton Street Abingdon, VA 24210	Areas Served: Bland, Bristol, Buchanan, Dickenson, Giles, Lee, Norton, Russell, Scott, Smyth, Tazewell, Washington, Wise.
T.A.S.K. (Taking Action for Special Kids)	276-979-0408	P.O. Box 877	North Tazewell, Virginia 24630
Child Abuse Hotline	1-800-552-7096	VA DSS	
Famis	1-866-873-2647		
Camp Joy	276-322-5005	176 Camp Joy Rd.	Bluefield, VA 24605
Buchanan County lions Club	276-597-8500		Can help school age children with eyewear. Must fill out application for services.
Mary's Cradle	304-327-7757	401 College Ave Bluefield, WV 24701	Can help with baby and maternity needs
Bethany Christian Services	540-373-5165	100 Dyer St, Johnson City, TN 37601 P.O. Box 16503, Bristol, VA 24209	-Domestic Infant Adoption -Embryo Adoption -Temporary Foster Care -Post-Adoptive Support Services for both children& families
People Incorporated	276-623-9000	1173 W Main St	Abingdon, VA 24210
Project Discovery	540-389-9900	Students must be first generation to attend college or low -income.	There is no fee
Comprehensive Health Investment Project (CHIP)	See People Inc. listed above	Provides parent education and health focused home visits to Medicaid Eligible families with young children, and pregnant women.	

Court Appointed Special Advocate (CASA)	See People Inc. listed above	CASA provides trained volunteers who represent the best interests of abused or neglected children as court assigned advocates.	
Smart Beginnings Virginia Highlands	(276) 628-2160 (ext. 4103)	201 Preston Street	Abingdon, VA 24212

Communication Services

Assurance Wireless is a cell phone service for eligible customers	1-888-898-4888	One per household	It is free to eligible customers
Safe link wireless is available to low income customers at reasonable and affordable rates.	1-800-SAFELINK www.SafeLink.com	Must participate in SNAP program, Medicaid, or Housing assistance. Total Household income must be at or below poverty guidelines, Must have United Postal Address, No one in the current household receives safe link.	Cost is determined after applying for services.
Cable Plus, Inc. Cable, High Speed Internet, Telephone Installation and Maintenance	(276) 873-4828	5162 Redbud Highway Honaker, Va 24260	P.O. Box 1030 Honaker, Va 24260
AT & T	(276) 883-4301	978 Regional Park Road	Lebanon, VA 24266
Shentel	(540) 214-8017	1766 East Main Street	Lebanon, VA 24266

Court

Russell County Court House	276-889-8051	Courthouse Estates Dr.	Lebanon, VA 24224
Buchanan County Court House	276-935-6526 276-935-5412(fax)	1012 Walnut St	Grundy, VA 24641
Dickenson County Court House	276-926-1630 276-926-4815(fax)	119 Courthouse Ln	Clintwood, VA 24228
Wise/Norton General District Court	276-328-3426 276-328-4576(fax)	206 East Main St P.O. Box 829	Wise, VA 24293
Tazewell County Court House	276-988-1222 276-988-7501(fax)	101 East Main St.	Tazewell, VA 24651

Cumberland Mountain Community Services

Russell County Cumberland Mountain Community Services	276-889-3785	78 Rogers St.	Lebanon, VA 24266
Buchanan County Cumberland Mountain Community Services	276-935-7154	1014 Still house Hollow Rd.	Grundy, VA 24614
Tazewell County Cumberland Mountain Community Services (Tazewell Office)	276-988-7961	526 W Main St	Tazewell, VA 24651
Tazewell County Cumberland Mountain (Richlands Office)	276-964-6702	196 Cumberland Rd.	Cedar Bluff, 24609

Dentists

Thomas Bays DDS	276-963-3705	200 Allegheny St	Richlands, VA 24641
Cramer Boswell DDS	276-963-0332	2951 Front St.	Richlands, VA 24641
Timothy Collins DDS	276-619-5020	616 Campus Dr	Abingdon, VA 24210
Micheal Doty DDS	276- 628-6251	699 McBroom	Abingdon, VA 24210
Adam Plaster DDS	276-322-4006	134 S College Ave.	Bluefield, VA 24605
Steven Lutz	276-988-4549	215 N Central Ave	Tazewell, VA 24651
Steve Ball DDS	276-873-4003	5298 Redbud Hwy.	Honaker, VA 24260
Lebanon Dentistry	276-889-5141	138 Highland Dr.	Lebanon, VA 24266
Carl Hackney DDS	276-935-4565	21949 Anchorage Dr.	Grundy, VA 24641
Ronald Householder DDS	276-988-7522	125 Ben Bolt Ave	Tazewell, VA 24651
Brooks Ryan Crumpton	276-498-7049	11277 Anchorage Dr.	Oakwood, VA 24631

Dickenson County Government Offices

Animal Control	276-835-1320	P.O. Box 1098	Clintwood, VA 24228
Building Inspector	276-926-1673	293 Clintwood Main St. P.O. Box 733	Clintwood, VA 24228
Circuit Court Clerk Hon. Richard W. Edwards	276-926-1616	P. O. Box 190 293 Clintwood Main Street	Clintwood, VA 24228
Commissioner of Revenue	276-926-1646	P.O. Box 1067	Clintwood, VA 24228
Commonwealth's Attorney	276-926-4321		Clintwood, VA 24228

County Administrator	276-926-1676	293 Main St. P.O. Box 1098	Clintwood, VA 24228
Fair office	276-926-1646	P.O. Box 1067	Clintwood, VA 24228
General District Court	276-926-1630	PO Box 128	Clintwood, VA 24228
Juvenile and Domestic Relations Court	276-926-1630	293 Main Street, 2 nd Floor P. O. Box 128	Clintwood, VA 24228-0128
Economic Development	276-926-1699	818 Happy Valley Drive Suite 121 P.O. Box 1989	Clintwood, VA 24228
Dickenson County Jail	276-679-7880	1550 Kiwanis Park	Haysi, VA 24256
Treasurer's Office	276-926-1610	293 Clintwood Main St.	Clintwood, VA 24228
Voter Registration	276-926-1620	2311 Dickenson Hwy. P.O. Box 1306	Clintwood, Virginia 24228
Sheriff's Office	276-926-1602	1019 Happy Valley Drive PO Box 339	Clintwood, VA 24228
Landfill	276-835-1980	P.O. Box 1098	Clintwood, VA 24228
Magistrate	276-926-1640	Clintwood Hwy	Clintwood, VA 24228

Dickenson County Schools

Clintwood Elementary School	276-926-6088	150 Elementary Circle, P.O. Box 585	Clintwood, Virginia 24228-0585
Dickenson County Career Center	276-835-8049	325 Vocational Drive	Clinchco, Virginia 24226
Ervinton Elementary School	276-835-8423	195 Ervinton Circle, P.O. Box 519	Nora, Virginia 24272
Sandlick Elementary School	276-865-5361	186 Anderson Lane P.O. Box 188	Birchleaf, Virginia 24220

Ridgeview Middle/ High School	276-385-1600	310 Wolfpack Way	Clintwood, VA 24228
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Disability Services

Social Security Administration	1-800-772-1213	Local office numbers are generally not listed	
Department for Blind and Vision Impaired	1-800-622-2155	397 Azalea Avenue	Richmond, VA 23227
Virginia Department of the deaf and hard of hearing	1-804-662-9502	1602 Rolling Hills Dr. Suite 203	Henrico, VA 23229
CMCS (Mike Bush provides services for the deaf)	800-347-7939	P.O. Box 486	Lebanon, VA 24266
Deaf & Hard Hearing Outreach Specialists	276-935-6088	Serves Buchanan, Dickenson, Russell, and Tazewell Counties	
Sign Language Interpreters	800-552-7917		
Baxter House	276-498-4549	Route 656 P.O. Box 621	Keen Mountain, VA 24624
Elk Garden Group Home	276-889-3047	Route 656 P.O. Box 185- D	Lebanon, VA 24266
The Cottage	276-873-5394	212 Coxtown Road	Honaker, VA 24260
Buchanan Day Support	276-498-4543	Route 680 P.O. Box 615	Keen Mountain, VA 24624
Lebanon Group Home	276-889-3047	Route 657 P.O. Box 37- A	Lebanon, VA 24266

Domestic Violence Services

Domestic Violence Services	804-377-0335		
Clinch Valley Community Actions	276-988-5583 276-988-5584		
People Incorporated Domestic Violence Services	276-623-9000	1173 West Main St.	Abingdon, VA 24210 Provides temporary emergency shelter, supportive services, and advocacy to help victims of domestic violence and or/ sexual assault. A 24 hour crisis hotline offers immediate counseling support.

Electric Disconnects

Contact your local department of Social Services	SEE DEPARTMENT OF SOCIAL SERVICES		
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Employment Assistance

VA Employment	276-964-4007	2061 Governor G C Peery	Cedar Bluff, VA 24609
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Commission (Cedar Bluff)		Hwy	
VA Employment Commission (Norton)	276-679-9413	1725 Park Ave NW	Norton, VA 24273
VA Employment Commission (Bristol)	276-642-7350	192 Bristol East Rd	Bristol, VA 24202
Department of Aging and Rehabilitation	276-963-1028	113 Short St.	Pounding Mill, VA 24637
Department of Aging and Rehabilitation	276-676-5565	468 East Main St.	Abingdon, VA 24210
Richlands Incubator-Workforce Center	276-963-2660	1928 Front St	Richlands, VA 24641
Bluestone Workforce Training Center	276-322-2023	578 Camp Joy Rd	Bluefield, VA 24605
WISE (Women in search of empowerment)	304-324-5809	511 Commerce Street PO Box 211	Bluefield, WV 24701

Fire Departments

Belfast/ Rosedale Fire Department	276-880-2214	507 Main St	Lebanon, VA 24266
Castlewood Fire/ Rescue	276-762-0242	103 Donnie Dean Dr.	Castlewood, VA 24224
Honaker Fire Department	276-873-6592	N railroad Ave	Honaker, VA 24260
Lebanon Volunteer Fire Department	276-889-7203	415 E Main St	Lebanon, VA 24266
Dante Volunteer Fire Department	276-495-1331	Virginia 63	Dante, VA 24237
Cleveland Volunteer Fire Department	276-889-4956	88 4 th St	Cleveland, VA 24225
Copper Creek/ Moccasin Volunteer Fire Department	276-794-7773	8195 S 71	Castlewood, VA 24224
Council Fire Department	276-859-9413	1/10 Mile On Rt 620 East	Honaker, VA 24260

Jewel Ridge Fire Department	276-881-8282	Rt 620	Jewel Ridge, VA 24622
Patterson Volunteer Fire Department	276-259-7715	Virginia 638	Oakwood, VA 24631
Knox Creek Volunteer Fire Department	276-566-4193	Highway 643	Hurley, VA 24620
Whitewood Fire Department	276-259-7966	1186 Wimmer Gap Rd	Whitewood, VA 24657
Slate Creek Fire Department	276-259-7441	10087 Slate Creek Rd	Grundy, VA 24614
Clinchco Fire Department	276-835-8211	127 Clincho Rd	Clinchco, VA 24226
Haysi Fire Department	276-865-4728	160 Sandlick Dr.	Haysi, VA 24256
Big Stone Gap Fire Department	276-523-0550	1946 Tate Springs Road	Big Stone Gap, VA 24219
Coeburn Volunteer Fire Department	276-395-7330	716 Front St E	Coeburn, VA 24230
Richlands Rescue Squad	276-964-9134	1113 Cedar Valley Dr.	Cedar Bluff, VA 24609
Oakwood Fire Department	276-498-7921	10491 Garden Creek Rd	Oakwood, VA 24631
Cedar Bluff Fire Dept.	276-964-3473	1113 Cedar Valley Drive.	Cedar Bluff, VA 24609

Food/Clothing Referrals

VA Dept. of Social Services	1-800-552-3431 (toll-free) or 804-726-7000	801 E. Main Street	Richmond, VA 23219-2901
A Child Shall Lead Them Food Pantry	276-979-9541	623 Tazewell Ave.	Tazewell, VA 24651

Bluefield Union Mission	304-327-8167	2203 Bluefield Ave	Bluefield, WV 24701
Salvation Army	304-327-1411	PO box 818	Bluefield, VA
Tazewell 1 st assembly of God	276-988-3929	636 East Riverside Drive	North Tazewell, VA 24630
Sacred Hearts Catholic Church	304-425-3664	507 Harrison St	Princeton, WV 24740
Bobby Shew Community Center	909-921-5314 909-476-3535	P.O. Box 153	Pocahontas, VA 24635
The Bread Box	276-889-1886	West Main St/ P.O. Box 1590	Lebanon, VA 24266
Swords Creek Community Church	276-991-0264	3305 Kents Ridge Road.	Swords Creek, VA 24649
Honaker Christian Center	276-873-5645	P.O. Box 2050	Honaker, VA 24260
First Baptist Church	276-762-9440	3130 Deacon Drive.	St. Paul, VA 24283
New Beginnings Church of God	276-889-5211	Cleveland Ave Jessee St.	Lebanon, VA 24266
Hurley Community Center	276-566-2260	1006 Da Justus Rd.	Hurley, VA 24620
Gift of Love	276-498-4120	Keen Mountain, VA	Food, Clothes items Tuesdays
C.O.P.E. Food Pantry	276-597-7244	1215 Lovers Gap Rd.	Vansant, VA 24256
Buchanan County Head Start	276-935-2333	1278 Almarine Drive	Grundy, VA 24614
Buchanan Community Food Pantry	276-531-8686	2323 Bull Creek Rd.	Grundy, VA 24641
Garden Baptist Food Pantry	276-498-4224	Garden Creek Route 260	Oakwood, VA 24631
Clintwood Ministerial Association	276-926-6853	P.O. Box 82	Clintwood, VA 24228
The Attic	276-926-6451	118 Park Place	Clintwood, VA 24228
Binnis- Counts Community Center	276-807-7051	3728 Dante Mtn Rd.	Clincho, VA24226
Twice as Nice	276-926-5599	354 Clintwood Main St.	Clintwood, VA 24228

Advocacy Center	276-679-0967	P.O. Box 826/ 538 Park Ave	Norton, VA 24273
His Ministry	276-523-7447	407 Wood Ave	Big Stone Gap, VA 24219
Food Bank of Wise County	276-679-3663	5341 Esserville Rd.	Norton, VA 24273
Christian Center (Lebanon)	276-889-4357	104 Main St	Lebanon, VA 24266
Looney's Chapel UMC:	276-967-2331		
Knox Creek Food Pantry	276-566-8425		
Center for Christian Action	276-945-5355	Helps with food, clothing, and utilities on emergency basis.	131 E Water St. Pocahontas, VA 24635
Bluefield Church of God (Masters Table)	276-326-1356		
Good Samaritan Food Pantry	276-963-9197	106 Veterans Dr.	Richlands, VA 24641

Foster Care Resources

(Great Expectations Program for College Transition Services-see pg. 1)

Foster Care Club Sign up at: www.fosterclub.com/ user/register	To be an official member: Age 24 or younger who has been in foster care.	To be a supportive member: Anyone who wishes to support young people in foster care. (Caseworker, foster parent, student, pastor, or any other concerned citizen.	What's it Cost??? IT IS FREE! Why become a member?? Avatars, Points, Instant Postings, Instant e-updates
Workforce Investment Act	Where? SWCC, VHCC, WCC Who? 16-24 Enrolled Full time in an approved certificate or degree program	Benefits? Bi-monthly allowance, meal money, free basic medical, dental, vision care, clothing allotments.....and a \$1200 completion bonus!	Your part? You will submit a weekly attendance sheet, complete Career Preparation (online), meet with Career Counselor for follow up and par at your location& earn your degree or certificate.

New Found Families VA	To join faces log on to: http://facesofvirginia.org/join-faces-2 877-823-2237	P.O. Box 85	Ashland, VA 23005 Provides support for quality foster, adoptive, and kinship families.
Alliance Health & Human Services	434-836-3550	5 E Franklin Turnpike	Danville, VA 24540
Depaul Community Resources	888.233.7285	5650 Hollins Road	Roanoke, VA 24019

Harvest Free Will Baptist Child Care Ministries	276-546-4400 276-546-4491 (fax)	P.O. Box 259	Duffield, VA 24224
Pressley Ridge VA Administrative Office	412-872-9400	1265 Robert C. Byrd Drive	Crab Orchard, WV 25827
Braley & Thompson Foster Care	276-979-0269 276-979-0329 (fax)	984 Ben Bolt Ave.	Tazewell, VA 24651
Bethany Christian Services		Please see Children's Services	

Funeral Homes

Lebanon Funeral Home (Owens)	276-988-1212	Tate Ave	Lebanon, VA 24266
Honaker Funeral Home	276-873-6446	4686 Redbud Hwy	Honaker, VA 24260
Castlewood Funeral Home	276-762-0764	80 Donnie Dean Dr.	Castlewood, VA 24224

Grundy Funeral Home	276-935-4571	22280 Riverside Dr.	Grundy, VA 24641
Virginia Funeral Home(Grundy)	276-935-2611	Main St.	Grundy, VA 24614
Shortridge Ramey Funeral Home	276-935-6107	1021 Six Twenty Mile Branch Rd.	Grundy, VA 24641
Clintwood Funeral Home	276-926-8105	McClure Ave/McClure St.	Clintwood, VA 24228
Haysi Funeral Home	276-865-5391	24682 Virginia 83	Haysi, VA 24256
Mullins Funeral Home Clintwood	276-926-4646	210 Main St.	Clintwood, VA 24228
Baker Funeral Home	276-796-5808	11316 Riverside Dr.	Pound, VA 24279
Gilliam Funeral Home	276-523-7000	618 Wood Ave. W	Big Stone Gap, VA 24219
Sturgill Funeral Home	276-679-0048	1621 Norton Rd.	Wise, VA 24293
Estes Funeral Home	276-395-2441	114 High Ave. NE	Coeburn, VA 24230
Holding Funeral Home	276-523-1470	17 E 3 rd St N	Big Stone Gap, VA 24219
Hurst Scott Funeral Home (Richlands)	276-964-4041	1401 2 nd St	Richlands, VA 24641
Hurst Scott Funeral Home (Tazewell)	276-988-7579	630 West Main St.	Tazewell, VA 24651
Peery & St Clair Funeral Home	276-988-4190	111 Ben Bolt Ave.	Tazewell, VA 24651
Singleton's Funeral Home	276-964-4011	1116 Cedar Valley Dr.	Cedar Bluff, VA 24609

Health Departments

Russell County Health	276-889-7621	115 Combs St	Lebanon, VA 24266
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Department		P.O. Box 2347	
Buchanan County Health Department	276-935-4591	P.O. Box 618	Grundy, VA 24261
Dickenson County Health Department	276-926-4979	P.O. Box 768	Clintwood, VA 24228
Wise County Health Department	276-328-8000	134 Roberts St SW	Wise, VA 24293
Tazewell County Health Department	276-988-5585	Ben Bolt Ave P.O. Box 350	Tazewell, VA 24651

Heating/ Cooling Assistance

Contact your local Department of Social Services	Refer to Department of Social services section		
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Homeless Services/ Shelters

Clinch Valley Community Action	276-988-5583	Contact Rita Honaker, or Sandra Waldron	Assist with rent and mortgage payments.
St. Theresa's Catholic Church	276-988-4626		
Good Samaritan Ministerial Funds	276-963-9171		
Center for Christian Action	276-945-5355		
Bluefield Union Mission	304-327-8167		

United Way	276-628-2160		
Pine haven, Beckley, Homeless Shelter	304-255-9138 304-255-9124		Also provides substance abuse programs
Crossroads Shelter, Wytheville	276-288-9270	240 Calhoun St.	Wytheville, VA 24382
Rental Assistance Program HUD	276-926-1674	Clintwood, VA	Helps low income families rent homes.
Haven of Rest	423-968-2011	624 Anderson St. Bristol, TN	Emergency Shelter with supper each day. Food Boxes every 3 months Tue-Fri 9-11am. Vouchers for some clothing and furniture(people may also donate here)

Hospitals

Clinch Valley Medical Center	276-596-6000	6801 Gov. G.C. Peery Hwy.	Richlands, VA 24641
Dickenson Community Hospital	276-926-0300	P.O. Box 1440	Clintwood, VA 24228
Mountain View Regional Medical Center	276-439-1000	310 3 rd St, NE	Norton, VA 24273
Norton Community Hospital	276-679-9600	100 15 th St, NW	Norton, VA 24273
Buchanan General Hospital	276-935-1000	1535 Slate Creek Rd.	Grundy, VA 24261
Tazewell Community Hospital	276-988-8700	141 Ben Bolt Ave.	Tazewell, VA 24651
Bluefield Regional Medical Center	304-327-1100	500 Cherry St.	Bluefield, VA 24701
Johnston Memorial Hospital	276-258-1000	16000 Johnston Memorial Dr.	Abingdon, VA 24211
Russell County Medical Center	276-883-8000	58 Carroll St.	Lebanon, VA 24266

Housing

Cumberland Plateau Regional Housing Authority	276-889-4910 276-889-4615 (fax)	P.O. Box 1328	Lebanon, VA 24266
Abingdon Housing Authority	276-628-5661	224 Highland St	Abingdon, VA 24210
People Incorporated	276-623-9000	1173 W Main St	Abingdon, VA 24210
Section 8 Rental Assistance	See People Inc. listed above	The program provides financial assistance for rent and utilities to qualified families.	
Affordable Rental Housing	See People Inc. listed above	People Inc. creates affordable apartment units for low and moderate income families and individuals throughout Southwest VA.	
Homeless Prevention Program (HPP)	See People Inc. listed above	Families at risk of losing their homes receive emergency assistance with rent payments.	
GEM Management HUNTERS RIDGE Apartments	276-964-2527	108 Carson Ave	Richlands, VA 24641
GEM Management OXFORD SQUARES Apartments	276-964-5784	100 Oxford St.	Richlands, VA 24641

Insurance Agencies

Walker Insurance Associates	276-988-8322	996 Ben Bolt Ave	Tazewell, VA 24651
Huffman Insurance	276-964-4016	2303 2 nd St	Richlands, VA 24641
Counts Insurance	276-963-0335	12588 Gov G C Peery	Pounding Mill, VA 24637

		Hwy.	
Nationwide	276-963-1093	1423 2 nd St	Richlands, VA 24641
McCoy Insurance Agency	276-889-2300	310 W Main St	Lebanon, VA 24266
CSE Insurance Agency	276-628-4121	263 W Main St	Abingdon, VA 24210
Grundy Insurance Inc.	276-935-4201	21991 Riverside Dr.	Grundy, VA 24614
Belcher Insurance Agency	276-865-5144	220 Main St, P.O Box C	Haysi, VA 24256
State Farm Insurance	276-889-1776	742 E Main St	Lebanon, VA 24266
Nationwide	276-873-6864	Redbud Hwy	Honaker, VA 24266
Farm Bureau (Pounding Mill)	276-596-9036	113 Short St.	Pounding Mill, VA 24637
Farm Bureau (Tazewell)	276-988-1886	145 Chambers Dr.	Tazewell, VA 24651
Farm Bureau (Lebanon)	276-889-1119	919 W Main St.	Lebanon, VA 24266
AFLAC	(804) 527-1357	3412 Manor Grove Circle	Glen Allen, VA 23060

Libraries

Tazewell County Public Library	276-988-2541 276-988-5980 (fax)	310 East Main St/ P.O. Box 929	Tazewell, VA 24651
Richlands Public Library	276-964-5282	102 Suffolk Ave.	Richlands, VA 24641
Bluefield Public Library	276-326-1577	108 Huffard Dr.	Bluefield, VA 24605
Buchanan County Public Library	276-935-5721	1185 Poe Town Rd.	Grundy, VA 24614
Haysi Public Library	276-865-4851	157 O'Quinn St/P.O. Box CC	Haysi, VA 24256
Russell County Library	276-889-8044	248 West Main St.	Lebanon, VA 24266
Honaker Community Library	276-873-6600	10 Library Dr.	Honaker, VA 24260

SWCC Library	276-964-7265	p.o. box svcc	Richlands, VA 24641
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Media

WGTH	276-964-2502	394 Edgewater Drive	Cedar Bluff, VA 24609
WHAJ	304-327-7114	900 Bluefield Ave.	Bluefield, WV
WRIC/ Magic 100.7	276-964-4066	1600 Front Street	Richlands, VA 24641
Bluefield Daily Telegraph	304-327-2809	928 Bluefield Avenue	Bluefield, WV 24701
Bristol Herald Courier	276-669-2181	320 Morrison Blvd.	Bristol, VA 24201
Richlands News Press	276-963- 1081	P.O. Box 818	Richlands, VA 24641
Tazewell County Free Press	276-963-0127	P.O. Box 1205	Richlands, VA 24641
WCYB	276-645-1555	101 Lee Street	Bristol, VA 24201
WVVA	304-325-5487	P.O. Box 1930	Bluefield, WV 24701
Lebanon News	276-889-2112	20 Clinch Mountain Ave	Lebanon, VA 24266
VA Mountaineer	276-935-2123	P.O. Box 2040	Grundy, VA 24614
ARC – TV	(276) 679-4000	815 Virginia Ave. NW Norton, Va 24273	P.O. Box 409 Norton, Va 24273
WLRV Radio	(276) 889-1380	P.O. Box 939	Lebanon, VA 24266

Medical Care... Free or Reduced Cost

Mercer Right Health	304-327-2410	Box 378	Bluefield, WV 24701
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Tri-County Health Clinic	276-963-8505	6105 Governor George C. Peery Hwy.	Richlands, VA 24637
Stone Mountain Health Services	276-597-7081	1721 Lovers Gap Rd.	Vansant, VA 24656
Tazewell Community Health Clinic	276-979-9899 888-531-8354	Four Way Plaza	Tazewell, VA
R.A.M.	Please see under vision assistance		
Washington County Free Dental Clinic	276- 623-9000	1173 W Main St	Abingdon, VA 24210
American Cancer Society	276-739-7780	230 Charwood Drive NE	Abingdon, VA 24210
BGH Cancer Support Group	276-935-1000	1535 Slate Creek Rd	Grundy, VA 24641
Southwest VA Regional Dental Center	276-496-4492	319 5th Ave	Saltville, VA 24370

Medical Doctors

Tazewell Family Health Clinic	276-988-4400	830 Fincastle Turn pike	Tazewell, VA 24651
Family Health Care	276-979-0030	29306 Tazewell Bluefield Rd.	Tazewell, VA 24651
Carilion Tazewell Community Hospital	276-988-8700	141 Ben Bolt Ave	Tazewell, VA 24651
Slate Creek Physicians	276-935-1382	1532 Slate Creek Rd. Suite 105	Grundy, VA 24614
Buchanan Health Center	276-935-2080	1532 Slate Creek Rd. Suite 101	Grundy, VA 24614
Maple Grove Health Center	276-889-0733	318 E Main Street	Lebanon, VA 24622
C-Health	276-889-3700	495 E Main Street	Lebanon, VA 24622

Full Care Medical Center	276-835-1122	119 Number 10 St.	Clincho, VA 24226
Samina Yousuf	276-926-5220	856 Clintwood Main St.	Clintwood, VA 24228
B & B Medical	276-679-0818	280 Virginia Ave.	Norton, VA 24273
Mountain View Regional Medical Center	276-679-9100	413 W Main St.	Wise, VA 24293
The Clinic	276-964-6771	1 Clinic Dr.	Richlands, VA 24641
C- Health	276-873-6876	48 Commerce Dr	Honaker, VA 24260
Tri- County Health Clinic	276-963-8505	6105 Governor G.C. Peery Hwy	Richlands, VA 24641

Medical Equipment

United Medical	276-889-3108	651 Overlook Dr.	Lebanon, VA 24266
Medical Rental & Supplies	276-889-4241	302 West Main St.	Lebanon, VA 24266
Home Care& Equipment	276-762-0502	326 W Main St.	Lebanon, VA 24266
Virginia Medical &Respiratory	276-935-8621	20858 Riverside Dr.	Grundy, VA 24641
Dickenson County Home Medical Rentals	276-926-8899	Main St	Clintwood, VA 24228
Community Home Care	276-679-5915	1460 Park Ave NW	Norton, VA 24273
In Home Care	276-328-9340	201 Nottingham Ave SE	Wise, VA 24293
Pro Med Home Medical Equipment	276-523-5500	514 Wood Ave E	Big Stone Gap, VA 24219
Community Home Care Services	276-964-7448	2013 2 nd St.	Richlands, VA 24641
Friendship Home Medical Equipment	276-988-7911	124 Ben Bolt Ave.	Tazewell, VA 24651

Med- Response Incorporated	276-322-4987	2113 S College Ave	Bluefield, VA 24605
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Mental Health Services

Cumberland Mountain Community Services. On call 24 hour crisis control, substance abuse, mental health services, prevention services, mental retardation services.	276-964-6702 1-800-286-0586	Crisis Services are available after hours or on weekends, and holidays. Also CMCSB offers mental health, substance abuse, and I.D. Services.	Cumberland will do fee assessment.
Healing Waters Counseling Center	276-963-0111	1100 Cedar Valley Dr.	Cedar Bluff, VA 24609
Russell County Cumberland Mountain Community Services	276-889-3785	P.O. Box 486 78 Rogers St.	Lebanon, VA 24266
Buchanan County Cumberland Community Services	276-935-7154	1014 Still house Hollow Rd. PO box 1115	Grundy, VA 24641
Tazewell County Cumberland Community Services	276-988-7961	526 W Main St PO Box 823	Tazewell, VA 24651
Susan Fogg, LPC	276-244-1380	19783 Anchorage Cir.	Grundy, VA 24641
Associated In home Services	276-596-9360	118 Veterans Dr.	Richlands, VA 24641
Pioneer Counseling	276-880-0025	2050 Pioneer Dr.	Lebanon, VA 24266
Suicide Hotline	800-784-2433		

Merchants

Wal-Mart (Lebanon)	276-889-1654	775 Regional Park Rd.	Lebanon, VA 24266
Wal-Mart (Grundy)	276-244-3007	1179 Riverview St.	Grundy, VA 24641
Wal-Mart (Big Stone Gap)	276-523-5026	Powell Valley Center/ Rt 23	Big Stone Gap, VA 24219

Wal-Mart (Norton)	276-679-7327	780 Commonwealth Dr.	Norton, VA 24273
Wal-Mart (Richlands)	276-596-9706 276-596-9637 (fax)	Rr 1 Box 2400	Pounding Mill, VA 24637
Food City (Lebanon)	276-889-5914	654 Pittston Rd.	Lebanon, VA 24266
Food City (St. Paul)	276-762-5831	16410 Wise St/P.O. Box 306	St. Paul, VA 24283
Food City (Grundy)	276-935-7578	18765 Riverside Dr.	Vansant, VA 24656
Food City (Clintwood)	276-926-4747	P.O. Box 789	Clintwood, VA 24228
Food City (Wise)	276-328-4619	Rt 23	Wise, VA 24293
Food City (Big Stone Gap)	276-523-1631	603 Wood Ave E	Big Stone Gap, VA 24219
Food City (Cedar Bluff)	276-963-4558	75 Claypool Hill Dr.	Richlands, VA 24641
Magic Mart (Grundy)	276-935-2721	Route 4 Box 198	Grundy, VA 24641
Magic Mart (Norton)	276-679-1936	1490 Park Ave SW	Norton, VA 24273
Magic Mart (Richlands)	276-964-5678	1809 3 rd St	Richlands, VA 24241
Family Dollar Store (Grundy)	276-935-4952	Plaza Dr.	Grundy, VA 24656
Factory Connection	276-244-1145	1187 Riverside Dr.	Grundy, VA 24641
Peebles	276-935-6016	1016 Anchorage Circle	Vansant, VA 24656
Dollar General	276-926-4408	339 Clintwood Main St. P.O. Box 1128	Clintwood, VA 24228
Food Lion (Big Stone Gap)	276-523-5380	Wal-Mart Shopping Center	Big Stone Gap, VA 24219
Food Lion (St. Paul)	276-762-0555	Riverside Shopping Center	St. Paul, VA 242
Payless Supermarket (Wise) IGA	276-328-6237	305 Church St NE	Wise, VA 24293
Family Dollar (Wise)	276-328-5714	216 Park Ave	Wise, VA 24293
Roses Department Store	276-964-9616	Richlands Mall 2940 Clinch St.	Richlands, VA 24261

Family Dollar (Honaker)	276-873-6066	Redbud Hwy.	Honaker, VA 24260
Dollar General (Lebanon)	276-889-2869	1808 E Main St.	Lebanon, VA 24266
Dollar General (Honaker)	276-873-6014	4647 Redbud Hwy.	Honaker, VA 24260
Hibbets Sports (Pounding Mill)	276-963-0813	12966 Governor G C Peery Hwy.	Pounding Mill, VA 24637
Goodwill	276-963-0102	2510 S Front St	Richlands, VA 24641
Cato's (Lebanon)	276-889-5077	1078 Regional Park Rd	Lebanon, VA 24266
Cato's (Bluefield)	276-322-3366	4007 College Ave	Bluefield, VA 24605
Dollar Tree (Lebanon)	276-889-4303	1056 Regional Park Rd	Lebanon, VA 24266
Dollar Tree (Pounding Mill)	276-964-9170	12964 Governor George C Peery Hwy.	Pounding Mill, VA 24637
Dollar Tree (Bluefield)	276-322-3731	4015 College Ave	Bluefield, VA 24605
Roses (Bluefield)	304-324-2208	261 Mercer Mall Rd # 4,	Bluefield, WV 24701
Burkes (Bluefield)	276-322-1490	4023 College Ave	Bluefield, VA 24605

Motels

Town& Country Motor Lodge	276-889-2772	665 Pioneer Dr.	Lebanon, VA 24266
Super 8 Motel	276-889-1800	711 Town view Dr.	Lebanon, VA 24266
Holiday inn Express	276-676-2829	940 E Main St	Abingdon, VA 24210

Comfort Inn	276-935-5050	US Route 460 E	Grundy, VA 24541
Gateway Motel	276-531-8481	2307 Breaks park Rd.	Breaks, VA 24607
Hill Top Motel	276-865-5101	P.O. Box 66 Off of Hwy 63 South	Haysi, VA 24256
Breaks Interstate Park	276-865-4413	627 Commission Circle	Breaks, VA 24607
Best Western	276-328-3500	124 Woodland Dr.	Wise, VA 24293
Days Inn	276-679-5340 276-679-5342 (fax)	375 Wharton Ln.	Norton, VA 24273
Comfort Inn	276-523-5911	1928 Wildcat Rd.	Big Stone Gap, VA 24219
Super 8 Motel	276-679-0893(phone&fax)	425 Wharton Way	Norton, VA 24273
Country Inn	276-523-0374 276-523-5043(fax)	627 Gilley Ave.	Big Stone Gap, VA 24219
Fincastle Motor Inn	276-988-2531 276-988-2331(fax)	858 E Fincastle Turnpike	Tazewell, VA 24651
Tazewell Motel	276-988-5531 276-988-2370(fax)	27635 Gov G C Peery Hwy.	North Tazewell, VA 24630
Super 8 Motel	276-964-9888	Rt 2 Box 565/ 12367 Gov G C Peery Hwy.	Pounding Mill, VA 24637
Holiday Inn Express	276-596-9880	180 Clay Dr.	Pounding Mill, VA 24637

Optometrists

Valerie Christian OD	276-963-9400	Governor G C Peery Hwy	Claypool Hill, VA 24637
Paul Lallande	276-963-0808	125 Suffolk Ave.	Richlands, VA 24641

Luke Stillwell	276-889-5828	1050 Regional Park Rd.	Lebanon, VA 24266
Looney Eye Care	276-935-5152	1193 Plaza Dr.	Grundy, VA 24641
Appalachian Family Care	276-935-2880	18765 Riverside Dr.	Vansant, VA 24656

Pediatric Doctors

Clinch Valley Physicians John E. Davis, MD Margaret Honeycutt Roy V. Thomson, MD	276-964-6771	#1 Clinic Drive	Richlands, VA 24641
Ryan Cicenas, MD	276-322-3427	106 Huffard Drive	Bluefield, VA 24605
Razia Ahmad, MD	276-326-2638	11 Westwood Medical Parks	Bluefield, VA 24605
Dr. Rajnikant R. Patel, MD	276-935-6444	Slate Creek Rd	Grundy, VA 24614
Thomas. D Makres, MD	423-968-2599	320 Steeles Rd.	Bristol, TN 37620
Lebanon Pediatrics	276-899-0201	640 Overlook Dr.	Lebanon, VA 24622
Highlands Pediatrics	276-623-8100	26210 Lee Hwy	Abingdon, VA 24211
Child Health Investment (CHIP) People Inc.	276-623-9000	1173 West Main St	Abingdon, VA 24210
Infant & Toddler Connection of Cumberland Mountain	276-964-6702	P.O. Box 810	Cedar Bluff, VA 24609

Pharmacies

Wal-Mart Pharmacy	276-889-3547	775 Regional Park Rd.	Lebanon, VA 24266
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(Lebanon)			
Wal-Mart Pharmacy (Grundy)	276-244-3014	Riverview St	Grundy, VA 25641
Wal-Mart Pharmacy (Norton)	276-679-7340	Hawthorne Dr.	Norton, VA 24273
Wal-Mart Pharmacy (Richlands/Pounding Mill)	276-596-9116	RR 1 Box 2400	Pounding Mill, VA 24637
McFarland/ Hillman Pharmacy	276-889-5721	116 Flanagan Ave	Lebanon, VA 24266
New Garden Pharmacy	276-873-6132	P.O. Box 742	Honaker, VA 24260
Family Drug Center	276-889-1919	143 W Main St	Lebanon, VA 24266
Tigerx Pharmacy	276-873-4700	1 Gents Dr.	Honaker, VA 24260
Medical Park Pharmacy	276-935-6455	Slate Creek Rd.	Grundy, VA 24641
Plaza Pharmacy	276-935-7332	1123 Plaza Dr.	Grundy, VA 24641
Royal City Pharmacy	276-935-2115	20716 Riverside Dr.	Grundy, VA 24641
Tri-state Pharmacy	276-935-6055	20759 Riverside Dr.	Grundy, VA 24641
Hancock/ Lambert Pharmacy	276-926-6707	P.O. Box 146	Clintwood, VA 24228
Haysi Drug	276-865-5135	306 Main St.	Haysi, VA 24256
Hamilton's Pharmacy	276-762-9080	16610 Russell St	St Paul, VA 24283
Scottie Pharmacy	276-596-0284	1951 2 nd St	Richlands, VA 24641
Ole Virginia Pharmacy	276-988-7977	836 E Fincastle	Tazewell, VA 24651
The Medicine Shoppe	276-964-4068	3141 Cedar Valley Dr.	Richlands, VA 24641
Food City Pharmacy (Lebanon)	276-889-3800	159 Pittston Rd.	Lebanon, VA 24266
Food City Pharmacy	276-926-6002	P.O. Box 789	Clintwood, VA 24228

(Clintwood)			
Food City Pharmacy (Wise)	276-328-4651	207 Woodland Dr.	Wise, VA 24293
Food City Pharmacy (Grundy)	276-935-7455	18765 Anchorage Circle	Vansant, VA 24656
Rite Aid Pharmacy (Lebanon)	276-889-4149	1094 East Main St	Lebanon, VA 24266
Rite Aid Pharmacy (Grundy)	276-935-2789	123 Route 460	Grundy, VA 24641
Rite Aid Pharmacy (Clintwood)	276-926-6555	Hwy 83 & Brush Creek	Clintwood, VA 24228
Rite Aid Pharmacy (Coeburn)	276-395-5396	101 Laurel Ave	Coeburn, VA 24230
CVS Pharmacy (Richlands)	276-964-4074	2940 Clinch St.	Richlands, VA 24641
Food City Pharmacy (Claypool Hill)	276-963-4558	1135 Claypool Hill Mall Rd.	Cedar Bluff, VA 24609
Randy Gateway Drug	276-964-2494	3118 Cedar Valley Dr.	Richlands, VA 24637

Police Departments

Russell County Dispatch	276-889-8033	42 Court Ave.	Lebanon, VA 24224
Honaker Police	276-873-5297	P.O. Box 746	Honaker, VA 24260

Department			
Lebanon Police Department	276-889-7228 (after 4p.m.) 276-889-7227	405 W Main St.	Lebanon, VA 24266
Russell County Sheriff's Office	276-889-8033	42 Court Ave.	Lebanon, VA 24266
Buchanan County Sheriff's Department	276-935-6036	1032 Walnut St.	Grundy, VA 24614
Clintwood Police Department	276-926-8710	207 Walnut St.	Clintwood, VA 24228
Dickenson County Sheriff's Office	276-926-1602	128 Court house Ln.	Clintwood, VA 24228
Big Stone Gap Police Department	276-523-0117	505 E 5 th St S	Big Stone Gap, VA 24219
Coeburn Police Department	276-395-2111	114 Front St E	Coeburn, VA 24230
Norton Police Department	276-679-1211	618 Virginia Ave NW	Norton, VA 24273
Pound Police Department	276-796-5747	8422 N River Rd	Pound, VA 24279
St Paul Police Department	276-762-5022	16531 Russell St	St Paul, VA 24283
Wise county sheriff's Department	276-328-3566	501 West Main St	Wise, VA 24293
Tazewell County Sheriff's Department	276-988-5966 276-988-5970	315 School St	Tazewell, VA 24630
Bluefield Police Department	276-327-6101	200 Rogers St	Bluefield, WV 24701
Cedar Bluff Police Department	276-963-3975	115 Central Ave.	Cedar Bluff, VA 24609
Pocahontas Police Department	276-945-5959	300 Centre St	Pocahontas, VA 24635
Richlands Police	276-964-9134	1851 Cranwell Dr.	Richlands, VA 24641

Department			
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Prescription Assistance

Mercer County Healthright Clinic	304-327-2410		
AASC (age 60 and over)	276-964-4915		

Probation Offices

Tazewell County Adult Probation Office	276-963-3092		
Tazewell County Juvenile Probation Office	276-988-1255		
Buchanan County Probation & Parole Office	276-935-1854		
Russell County Probation & Parole Office	276-963-3092		

Restaurants

Hardees	276-889-3300	1273 E Main St	Lebanon, VA 24266
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(Lebanon)			
McDonalds (Lebanon)	276-889-3726	1158 E Main St	Lebanon, VA 24266
Pals	276-889-0210	370 Overlook Dr.	Lebanon, VA 24266
Bonanza	276-889-3621	2243 E. Main St	Lebanon, VA 24266
Burger King	276-889-5409	500 Regional Park Rd.	Lebanon, VA 24266
Kentucky Fried Chicken	276-889-2542	771 Regional Park Rd.	Lebanon, VA 24266
Subway	276-889-1397	771 Regional Park Rd.	Lebanon, VA 24266
Pat's Kountry Diner	276-889-3232	1764 E Main St.	Lebanon, VA 24266
Applebee's	276-889-4637	89 Elliot Dr.	Lebanon, VA 24266
Wendy's	276-889-4492	21 Highland Dr.	Lebanon, VA 24266
Pizza Hut (Lebanon)	276-889-3333	635 W Main St.	Lebanon, VA 24266
Pizza Plus	276-889-5501	29 Finney St.	Lebanon, VA 24266
Long John Silver's (Lebanon)	276-889-4361	1986 E Main St.	Lebanon, VA 24266
McDonalds (Grundy)	276-935-4652	Hwy 460	Vansant, VA 24614
Hardees (Grundy)	276-935-8255	24429 Riverside Dr.	Grundy, VA 24641
Pizza Hut (Grundy)	276-935-4539	20934 Riverside Dr.	Grundy, VA 24641
Long John's Silvers (Grundy)	276-935-7300	20906 Riverside Dr.	Grundy, VA 24641
Taco Bell	276-935-5348	1346 Riverside Dr.	Grundy, VA 24641
Dotson's Drive In	276-935-7880	24213 Riverside Dr.	Grundy, VA 24641

Bellacino's	276-932-7828	21956 Riverside Dr.	Grundy, VA 24641
Peking Chinese Restaurant	276-935-8080	1200 Plaza Dr. #1700	Grundy, VA 24641
Dairy Queen	276-935-8711	Riverside Dr.	Vansant, VA 24656
Subway	276-935-6373	Hwy 460 E	Vansant, VA 24656
Serendipity Café &Catering	276-935-4444	1138 T-1003	Grundy, VA 24641
Huddle House	276-935-8877	22056 Riverside Dr.	Grundy, VA 24641
Hardees (Clintwood)	276-926-8934	Dickenson Hwy	Clintwood, VA 24228
The Pizza Factory	276-865-4747	279 Main St.	Haysi, VA 24256
McDonalds (Clintwood)	276-926-6983	116 Colley Shopping Center	Clintwood, VA 24228
Subway	276-926-4753	Dickenson Hwy	Clintwood, VA 24228
Arby's	276-679-3527	Wise Plaza	Wise, VA 24293
Burger King	276-679-0415	Rt 58	Coeburn, VA 24230
McDonalds (Big Stone Gap)	276-523-2820	U.S. 23	Big Stone Gap, VA 24219
McDonalds (Norton)	276-676-5892	780 Commonwealth Dr.	Norton, VA 24273
McDonalds (Wise)	276-328-2829	106 Woodland Ave.	Wise, VA 24293
Wendy's (Wise)	276-679-0615	105 Jackson Rd. SW	Wise, VA 24293
Hardees (Richlands)	276-963-0150	Second St.	Richlands, VA 24641
Sonic	276-988-2343	602 Market St.	North Tazewell, VA 24651

King Kone	276-963-7875	2633 W Front St.	Richlands, VA 24641
Stir-N-Dip-a-tea (Cedar Bluff)	276-964-9696	1034 Cedar Valley Dr.	Cedar Bluff, VA 24609
Cuz's (Pounding Mill)	276-964-9014	15746 Governor G C Peery Hwy.	Pounding Mill, VA 24637
Taco Bell (Abingdon)	276-676-3113	495 Cummings St.	Abingdon, VA 24210
Taco Bell (Lebanon)	276-889-2011	1377 East Main St.	Lebanon, VA 24266
Italian Village (Richlands)	276-964-2019	1051 Claypool Hill Mall Rd.	Cedar Bluff, VA 24609
Tokyo (Lebanon)	276-889-4988	804 E Main St.	Lebanon, VA 24266
El Marachis (Richlands)	276-963-5455	1600 Front St.	Richlands, VA 24641
El Campesino (Lebanon)	276-889-2100	1082 Regional Park Rd.	Lebanon, VA 24266
V & V (Richlands)	276-964-2182	104 Front St	Richlands, VA 24641
Gioannis (Richlands)	276-963-0166	2003 2 nd St.	Richlands, VA 24641
Red Flower (Richlands)	276-596-9921	176 Kents Ridge Rd.	Richlands, VA 24641
Bearded Moose (Richlands)	276-963-4400	1557 Front St.	Richlands, VA 24641
Coal Bucket Café	276-988-9111	100 Tazewell Mall Circle	Tazewell, VA 24651
Bonanza Restaurant	(276) 889-3621	2243 East Main Street Lebanon, Va 24266	P.O. Box 1516 Lebanon, Va 24266

Russell County Government Offices

Animal Control	276-889-8098	458 Haber Dr.	Lebanon, VA 24266
Building Inspector	276-889-8012	137 Highland Dr.	Lebanon, VA 24266
Circuit Court Clerk Hon. Ann Sword McReynolds	276-889-8023	P. O. Box 435 53 East Main Street	Lebanon, VA 24266
Commissioner of the Revenue	276-889-8018	137 Highlands Dr.	Lebanon, VA 24266
Washington County Park Authority	276-628-9677	205 Academy Dr.	Abingdon, VA 24210
Commonwealth's Attorney Brain K. Patton	276-889-8214	P.O. Box 2110	Lebanon, VA 24266
County Administrator Mary carol C. White	276-889-8000	P.O. Box 1208	Lebanon, VA 24266
Washington County Juvenile Probation	276-628-1168	193 E Main St.	Abingdon, VA 24210
Fair Office	276-762-2261	P.O. Box 2105	Lebanon, VA 24266
General District Court	276-676-6281	191 E Main St	Abingdon, VA 24210
Juvenile& Domestic Relations Court	276-889-8051	P. O. Box 65 121 East Main Street	Lebanon, VA 24266
Economic Development	276-889-0381	P.O. Box 1208	Lebanon, Virginia 24266
Russell County Jail	276-739-3520	15205 Joe Derting Dr.	Abingdon, VA 24210
Treasurer's Office	276-889-8028	137 Highland Dr.	Lebanon, VA 24266
Voter Registration	276-889-8006	96 Russell St.	Lebanon, VA 24266
Sheriff's Office	276-889-8033	42 Court Ave	Lebanon, VA 24266

Landfill	276-794-7826		
Magistrate	276-889-8060	113 Court Ave	Lebanon, VA 24266
911 Emergency Dispatchers			
3B Consulting Services, LLC.	(276) 698-5042	140 Hilltop Avenue	Lebanon, VA 24266

Russell County Schools

Copper Creek Elementary	276-794-9306	23894 US Hwy 58	Castlewood, VA 24224
Lebanon High School	276-889-6539	105 Charles C. Long Dr.	Lebanon, VA 24266
Lebanon Elementary School	276-889-6531	56 George Ben Whited Dr	Lebanon, VA 24266
Lebanon Middle School	276-889-6548	P.O. Box 577	Lebanon, VA 24266
Lebanon Primary School	276-889-4507	991 E main St	Lebanon, VA 24266
Career and Technical Center	276-889-6550	P.O. Box 849	Lebanon, VA 24266
Belfast Elementary	276-880-2283	Route 19, School Road	Rosedale, VA 24280
Castlewood High School	276-762-9449	304 Blue Devil Circle	Castlewood, VA 24224
Castlewood Elementary School	276-762-2315	242 Blue Devil Circle	Castlewood, VA 24224
Honaker High School	276-873-6363	P.O. Box 764 1795 Thompson Creek Road	Honaker, VA 24260
Honaker Elementary School	276-873-6301	P.O. Box 744	Honaker, VA 24260
Swords Creek Elementary School	276-991-0016	3867 Swords Creek Rd	Swords Creek, VA 24649

Social Services

Russell County Department of Social Services	276-889-3031	P.O. Box 1207	Lebanon, VA 24266
Buchanan County Department of Social Services	276-935-8106	Route 5 Box 108 E	Grundy, VA 24641
Dickenson County Department of Social Services	276-926-1661 276-926-8144(fax)	P.O. Box 417	Clintwood, VA 24228
Wise County Department of Social Services	276-328-8056	Coeburn Rd.	Wise, VA 24293
Tazewell County Department of Social Services	276-988-8500 276-988-2765(fax)	P.O. Box 149	Tazewell, VA 24651

State and National Hotlines

AIDS Hotline (National)	1-800-342-AIDS
AIDS Hotline (State)	1-800-533-4148
(Information & Referral)	1-800-354-3388
Roanoke AIDS Project	1-540-982-AIDS
Alcohol & Other Drug Information	1-301-468-2600
24 Hour Help Line	1-800-821-4357
CADRE/Office of Substance Abuse Services	1-800-451-5544

Cancer Information Center	1-800-422-6237
Career Information	1-800-542-5870
Consumer Affairs	1-807-786-2042
Consumer Product Safety	1-800-638-2772
Consumer Inquiry	1-202-326-2222
AIDS Education	1-804-371-7421
Department of Health (Office of Health Education & Information)	1-804-864-7000
Department of Mental Health, Mental Retardation, & Substance Abuse (Office of Prevention, Promotion, & Library Sciences)	1-804-786-1530
Disability Determination Services	1-804-662-9300
Child Abuse Hotline	1-800-552-7096
Child Support enforcement	1-800-468-8894
Domestic Violence & Sexual Assault Hotline	1-800-838-8238
Drug Information Hotline	1-800-553-3673
Easter Seals	1-540-777-7325
Federal Income Tax	1-800-829-1040
Information & Referral Services	1-800-230-6977
March of Dimes	1-540-989-8030
Narcotics Anonymous	1-800-766-4442
Poison Control Center	1-800-222-1222
Runaways: Operation Peace of Mind	1-800-231-6946
National Runaway Switchboard	1-800-621-4000
State Advocacy for the Developmentally Disabled	1-800-552-3963
State Police Emergency Number	1-800-542-8716
Medicare	1-800-633-4227

VA Counsel for the Deaf	1-800-552-7917
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Substance Abuse

Galax Life Center	276-522-0406	Call Center Supervisor- Ann Lee DeSanto	
Laurels	276-889-3063	216 Gilmer St. P.O. Box 1664	Lebanon, VA 24266
Cumberland Mountain Main Office	276-964-6702	113 Cumberland Rd P.O. Box 810	Cedar Bluff, VA 24609
Russell County Cumberland Mountain Community Services	276-889-3785	P.O. Box 486 78 Rogers St.	Lebanon, VA 25266
Buchanan County Cumberland Mountain Community Services	276-935-7154	P.O. Box 1115 1014 Still House Hollow Rd.	Grundy, VA 24614
Tazewell County Cumberland Mountain Community Services	276-988-7961	P.O. box 823 526 W Main St.	Tazewell, VA 24651
Secor, Inc. – Lebanon Community Correction Center	(276) 889-1530	P.O. Box 879 Lebanon, Va 24266	168 Rogers Street Lebanon, Va 24266

Southwest Virginia Community College (Services)

Southwest Virginia Community College	276-964-2555	Swcc offers services such as: Academic Advisement, Assessments, career & disability Services, Student Insurance, Learning and Assistance Center, Discount Program, Transfer Information, Counseling/ Special Advising, and much more.	
Great Expectations (Foster youth)	276-964-7653 276-964-7542	Support/ transition services for students who have been in foster care. Jennifer Roark- Coordinator Brittany Fuller- Assistant	D 220
Upward Bound (First Generation College Students)	276-964-7336	Upward Bound Director, April Quesenberry	B-104
Veterans Upward Bound (Military Veterans)	276-964-7363	Gwendalyn Slone, Denise Miller, and Martha Strouth	B 140
Disability Services	276-964-7314		D 220
TRIO	276-964-7233	Mike Henry	B 152
Financial Aid Office	276-964-7724	Donna Price,	T110
Library	276-964-7265	Circulation Desk	DE
Bookstore	276-964-7217	Kathy Wright	B 180
Admissions	276-964-7238		T-Hall 1 st floor
Business Office	276-964-7215		T-Hall 3 rd Floor
YMCA	276-964-7597		King Ctr.

Tazewell County Government Numbers

Animal Control	276-988-5795	Contact Larry Nipper, David White, Dee Phillips	
Building Inspector	276-988-1215	106 E Main St.	Tazewell, VA 24651
Circuit Court Clerk Hon. James E. Blevins	276-385-1222	101 East Main Street, Suite 202	Tazewell, VA 24651-1071
Commissioner of the Revenue	276-988-1235	Suite 201, 101 E Main St	Tazewell, VA 24651
Cavitt's Creek Park	276-988-7250	750 Recreation Dr.	North Tazewell, VA 24630
Commonwealth's Attorney	276-385-1240	PO Box 946	Tazewell , VA 24651
County Administrator	276-385-1202	108 E Main St	Tazewell, VA 24651

Fair Office	276-988-7300	Contact Betty Melvin	
General District Court	276-385-1275	104 Court Street, Suite 3	Tazewell, VA 24651-1081
Juvenile & Domestic Relations Court	276-385-1290	101 E Main St	Tazewell, VA 24651
T.A.S.K	276-979-0408		
Economic Development	276-385-1271	108 E Main St	Tazewell, VA 24651
Tazewell County Jail	276-988-1080	102 Water Street	Tazewell, VA 24651
Treasurer's Office	276-988-1300	101 E Main St	Tazewell, VA 24651
Voter Registration	276-988-1305	101 E Main St # 318	Tazewell, VA 24651
Sheriff's Office	276-988-5970	315 School St	Tazewell, VA 24651

Landfill	276-988-4003	2475 Lynn Hollow Rd	Tazewell, VA 24630
Magistrate	276-988-4430	106 Court Avenue	Tazewell, VA 24651

Tazewell County Schools

Abbs Valley –Boissevain	276-945-5969	P.O. Box 5969	Boissevain, VA 24606
Cedar Bluff Elementary School	276-963-5765	P.O. Box 1400	Cedar Bluff, 24609
Dudly Primary	276-326-1507	1840 Tazewell Ave.	Bluefield, VA 24605
Graham Intermediate	276-326-3737	808 Greever Ave.	Bluefield, VA 24605
North Tazewell Elementary	276-988-4510	300 Riverside Dr.	North Tazewell, VA 24630
Raven Elementary	276-964-9437	22 School St.	Raven, VA 24639
Richlands Elementary	276-964-4112	309 East Front St	Richlands, VA 24641
Springville Elementary	276-322-5900	Rt. 2 Box 540	North Tazewell, VA 24630
Tazewell Elementary	276-988-4441	110 Maplewood Drive	Tazewell, VA 24651
Graham Middle School	276-236-1101/1102	#1 Academic Circle	Bluefield, VA 24605
Richlands Middle School	276-963-5370/0210	185 Learning Lane	Richlands, VA 24641
Tazewell Middle School	276-988-6513/6514	100 Bulldog Lane	Tazewell, VA 24651
Graham High School	276-326-1235/1255	210 Valleydale	Bluefield, VA 24605
Richlands High School	276-964-4602/4617	138 Tornado Ave.	Richlands, VA 24641
Tazewell High School	276-988-6502	627 East Fincastle	Tazewell, VA 24651
Tazewell County Career and Technical Center	276-988-2529	114 Maplewood Lane	Tazewell, VA 24651
Bluefield College	276-326-3682	3000 College Dr	Bluefield, VA 24605

Bluefield State College	304-327-4000	219 Rock Street	Bluefield, WV
National College	276-326-3621	100 Logan St.	Bluefield, VA 24605

Town Officials

Russell County Town Council	276-889-7200		
Dickenson County Town Council	276-926-1676	P.O. Box 1098	Clintwood, VA 24228
Buchanan County Town Council	276-935-6500	1012 Main St.	Grundy, VA 24614
Tazewell Town Council	276-988-2501	P.O. Box 608	Tazewell, VA 24651

Transportation

Four County Transit	Serving Buchanan, Dickenson, Russell, and Tazewell Counties	276-963-1486 Administration	276-963-1486 Scheduling Office
Appalachian Agency for Senior Citizens	276-964-4915		

Veteran's Services

Mountain Home (Johnson City)	423-926-1171	P.O. Box 4000	Mountain Home, TN 37693
Beckley VA Medical Center	304-255-2121	200 Veterans Drive	Beckley, WV 25801
Salem VA Medical Center	540- 982-2463	1970 Roanoke Blvd.	Salem, VA 24153
VA Medical Center	276-679-8010	654 US-58 ALT	Norton, VA 24273

Rural Outreach Clinic	276-783-2756	4451 Lee Highway	Marion, Virginia 24354
Virginia Wounded Warrior Program	877-832-6997		
Dept of Veterans Affairs (Statewide)	800-827-1000		
ARCH	877-754- VETS (8387)	522 Alabama St.	Bristol, VA 24202
Bereavement Counseling for Surviving Family Members	202-461-6530		
Disabled American Veterans (DAV) John R. Perez, Service Officer	276-285-7363	822 East Main Street	Abingdon, VA 24210 jperez137@msn.com
Homeless Veteran Reintegration Project	423-900-8444	323 West Walnut Street, Room 202	Johnson City, TN 37604 www.voamid.org
Veterans Serving Veterans Crisis Healthcare Volunteer Coordinator, Gloria Gentry	276-623-3018	1701 Euclid Avenue, Suite H	Bristol, VA 24201

Veterinary

Southwest VA Vet Services	276-880-8179	Overlook Dr.	Lebanon, VA 24266
Grundy Animal Hospital	276-935-2541	21931 Main St.	Grundy, VA 24614
Wise County Animal Hospital	276-328-5034	404 Hurricane Rd NE	Wise, VA 24293
Valley Animal Hospital	276-963-9413	P.O. Box 1170	Cedar Bluff, VA 24609
Town & Country Veterinary	276-988-2915	Rt 460 E	Tazewell, VA 24651
Clinch Mountain Veterinary Services	276-963-7877	222 Clay Drive	Pounding Mill, VA 24637

Crab Orchard Veterinary Services	276-988-8080	1402 Pisgah Rd	Tazewell, VA 24651
Magaret Mitchell Spay/neuter clinic	276-591-5790	16222 Lee Hwy	Bristol, VA 24202

Virginia Department of Motor Vehicles

Virginia Department of Motor Vehicles	804-497-7100	P.O. Box 27412	Richmond, VA 23269
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Vision Assistance

Department for the Visually Impaired	800-622-2155		
Lions Club	276-988-4174 276-988-7979	Can help with eye glasses	
R.A.M. Remote Area Medical	865.579.2555 865.579.1530	2200 Stock Creek Blvd.	Rockford, TN 37853